

007

**HEALTH AND HYGIENE  
AWARENESS PROGRAMMES**

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**SVJCT's  
Samarth Nursing College,  
Kasarwadi, Sawarde**

**INTERNATIONAL  
YOGA DAY  
CELEBRATION**

**on**

**21<sup>ST</sup> JUNE 2023**



## REPORT ON INTERNATIONAL YOGA DAY

**Date:** 21<sup>st</sup> June 2023

**Time:** 10am to 12:00 pm

**Venue:** SVJCT's Samarth Nursing College Sawarde

**Participants:** All Teaching faculties, non-teaching staff and  
Students

### PROGRAMME AGENDA:

Sr	Time	Particulars
1.	10Am to 10.10Am	Introduction
2.	10:10Am to 10:20Am	Welcome Song
3.	10:25Am to 10:35Am	Facilitation of Chief Guest
4.	10:35Am to 10:40Am	Lamp lighting
5.	10:40Am to 10:50Am	Over view of International Yoga Day by Principal Prof. Babasaheb Bhutkar
6.	10:51Am to 11:30Am	<b>Activity of Yoga Day</b> <ul style="list-style-type: none"><li>➤ Asanas</li><li>➤ Pranayama</li><li>➤ Meditation</li></ul>
7.	11:30 Am to 11:50 Am	Guidance about Health & Yoga by. Vice Principal Prof. Tejal Surve
9.	11:50 Am to 12:00 Pm	Vote of Thanks



On 21st June 2023 "International Yoga Day" was celebrated in SVJCT's Samarth Nursing College Sawarde, Kasarwadi at 10.00am. All the faculties and students had participated in the 'International Yoga Day'.


Since its inception in the year 2015, June 21st is celebrated as the International Day of Yoga all over the world. This idea was proposed by our Prime Minister, Mr. Narendra Modi. He said, "Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness within you, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well-being."

All the faculties and students were excited and energetic. Some of our teachers and students had shown us Yoga by following the instruction given by our Ms. Ruchira Niwale.

The celebration concluded with the speech of Principal Prof. Babasaheb Bhutkar as he encouraged students to practice Yoga as it is effective practice to reduce stress and improve physical & mental wellbeing.

Our Vice Principal Prof. Tejal Surve said that regular practice of yoga will surely help the students achieve a better life, physically, mentally and spiritually as well.

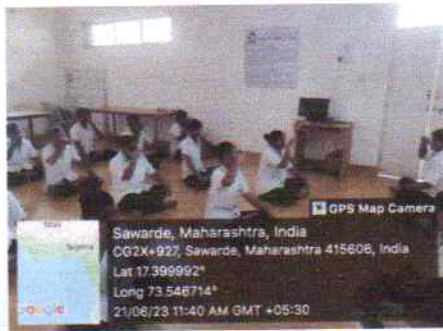
The vote of thanks was given by Ms. Ruchira Niwale & Programme was adjourned by 12pm.

  
Principal  
Samarth Nursing College  
Kasarwadi, Sawarde,  
Tal. Chiplun, Dist. Ratnagiri 415606



# INTERNATIONAL YOGA DAY

Theme: "Yoga for Vasudhaiva Kutumbakam"



*BKM*

Principal  
Samarth Nursing College  
Kasarwadi, Sawarde,  
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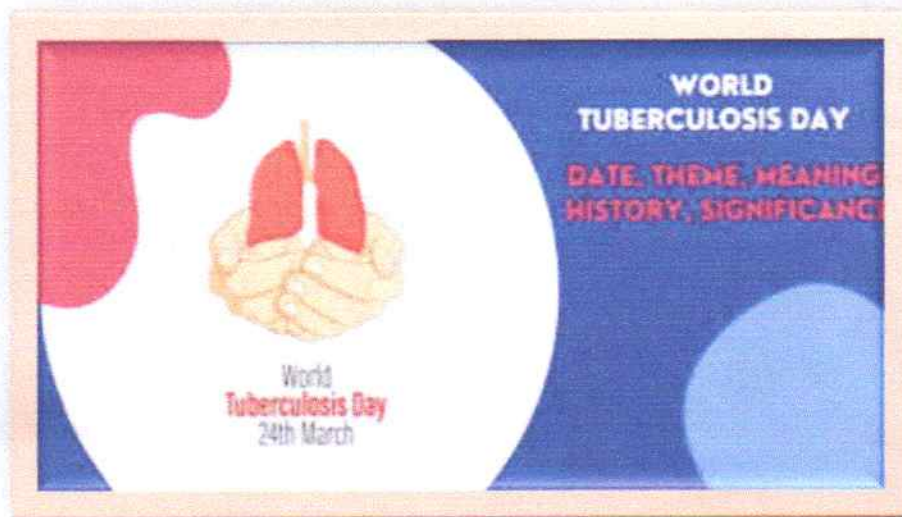


Shri Vitthalrao Joshi Charities Trust's  
**SAMARTH NURSING COLLEGE**

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## **REPORT ON WORLD TUBERCULOSIS AWARENESS DAY CELEBRATION 2023**



SVJCT's Samarth Nursing college, Dervan celebrated World Tuberculosis awareness day on 24<sup>th</sup> March, 2023 at 3 pm to 5 pm. The purpose of this day is to inspire hope and encourage high-level leadership, increased investments, faster uptake of new WHO recommendations, adoption of innovations, accelerated action, and multisectoral collaboration to combat the TB epidemic.

The Theme of programme is 'Yes! We can end TB!' by raising awareness an education about Tuberculosis.

Anchoring was done by Mr.Akshay, BSc 2<sup>nd</sup> Semester.

At the beginning of programme our respected Principal Sir and Vice Principal mam gave a short speech on the tuberculosis awareness.

All the students enthusiastically participated in the programme. Ms. Prachiti and Ms. Rahul from BSc First Semester shared their views on the prevention and management of tuberculosis and ways to spread the awareness.

Students from various classes also gave speech on. Total 68 students were present to celebrate tuberculosis awareness day celebration, all teaching staff, patients & their relatives also present for the programme.

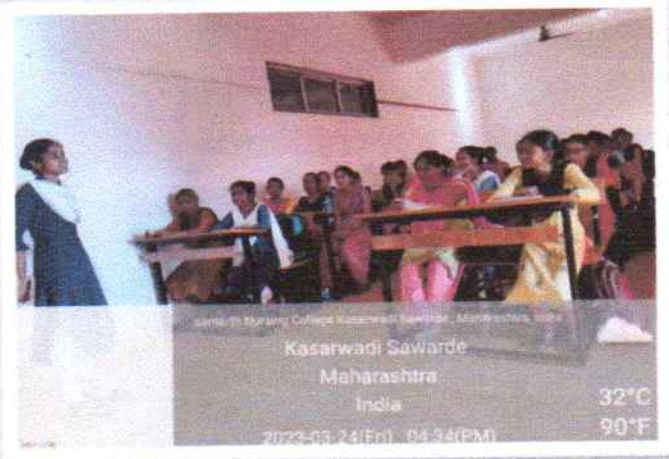
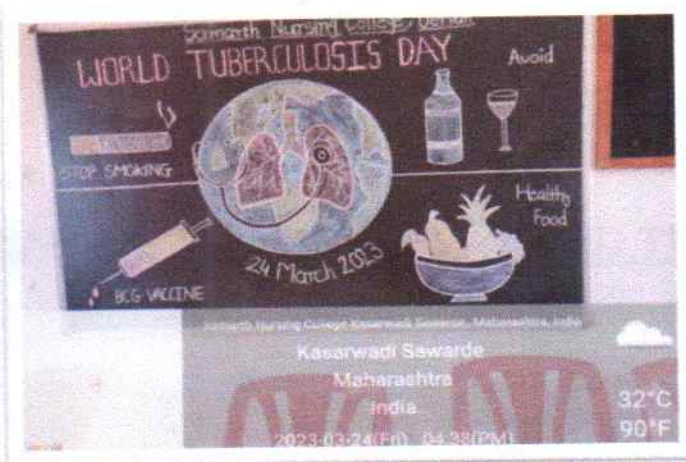
At the end vote of thanks deliberate by Second semester Bsc. Nursing student Mr. Akshay.



**Sign of Principal**  
**Principal**  
**Samarth Nursing College**  
**Kasarwadi, Sawarde,**  
**Tal. Chiplun, Dist. Ratnagiri 415606**



# World Tuberculosis Awareness Day



*BRM*  
**Principal**  
Samarth Nursing College  
Kasarwadi, Sawarde,  
Tal. Chiplun, Dist. Ratnagiri 415606

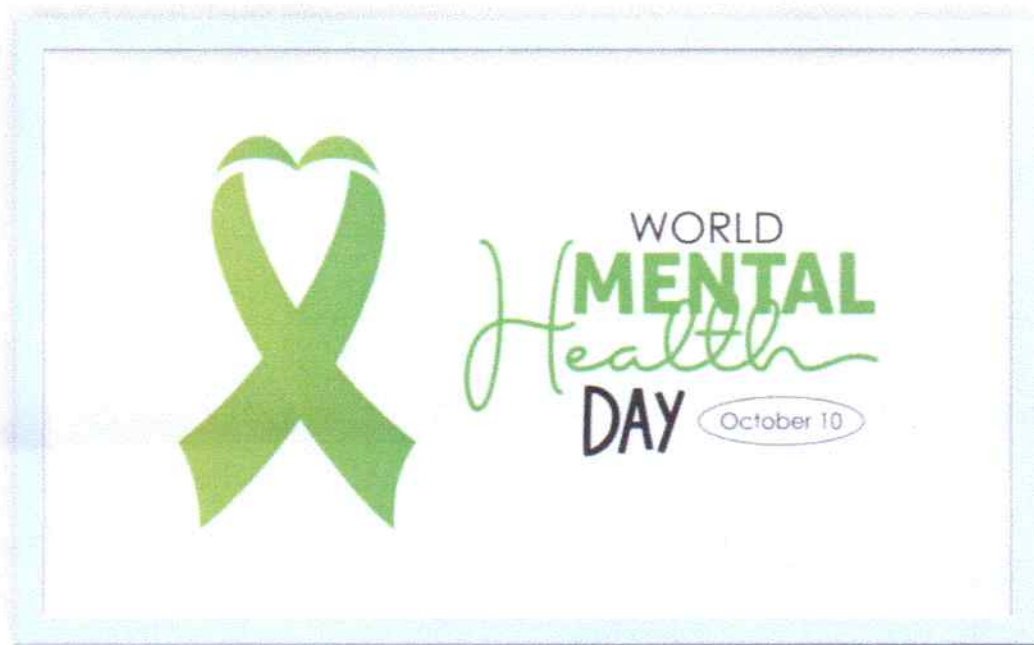




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## REPORT ON MENTAL HEALTH DAY CELEBRATION 2023



Every year SVJCT's Samarth Nursing college, celebrates, the 10th of October is celebrated as World Mental Health Day. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide..

For this event, Mr.Ravi Yadav, Clinical Instructor, Mental Health Nursing, has done the anchoring.

At the beginning of programme our respected Principal Sir and Vice Principal mam has shared their views in relavance to this day.

For this day we Mr. Jeevan Deshmukh explained the importance of mental health and ways to improve our mental health.

Students from various classes also gave speech on importance of mental health. Total 158 students were present to celebrate tuberculosis awareness day celebration, all teaching staff, patients & their relatives also present for the programme.

Students have participated in the rangoli and poster competition and has shown their best performance in the competition. Ms. Shweta from BSc 1<sup>st</sup> semester was declared as the winner of rangoli competition and Prachi from PB.BSc Nursing has won the poster competition. The winners were awarded with the certificate.

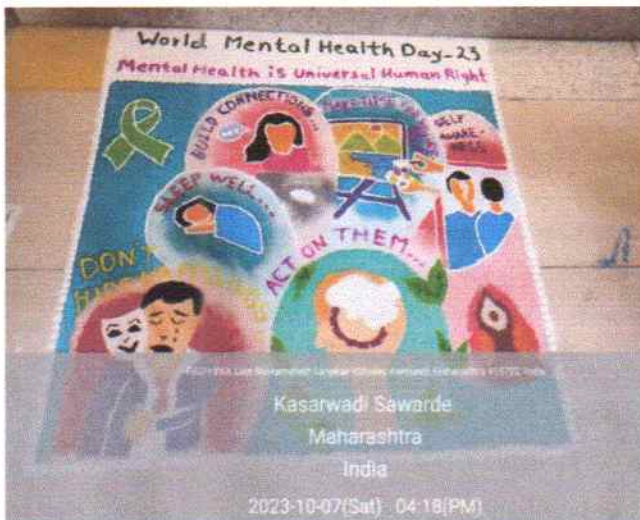
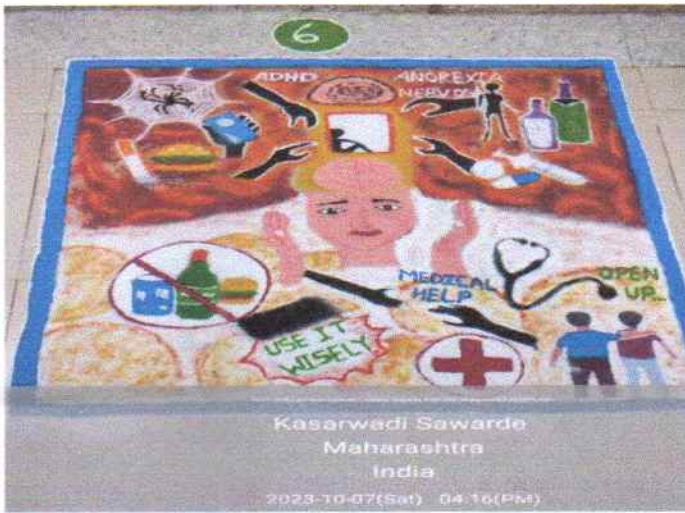
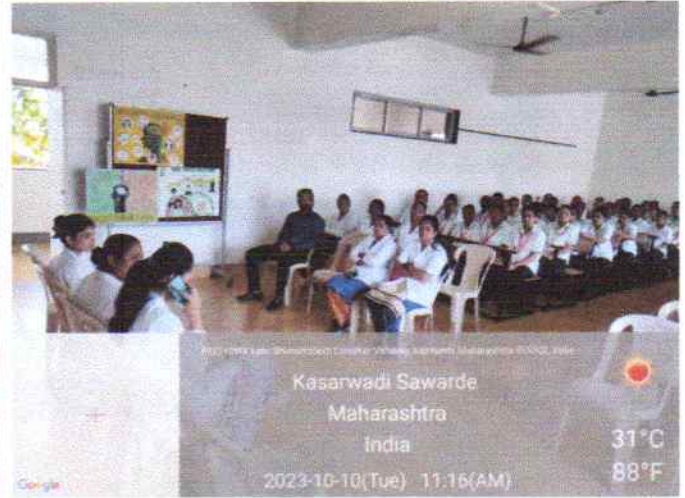
At the end vote of thanks was delivered by Ms. Ruchira Niwale, Clinical Instructor, Mental Health Nursing.



**Sign of Principal**  
**Principal**  
**Samarth Nursing College**  
**Kasarwadi, Sawarde,**  
**Tal. Chiplun, Dist. Ratnagiri 415606**



# Mental Health Day



*BRM*  
Principal  
Samarth Nursing College  
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## REPORT ON WORLD ORS DAY - 2022



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SVJCT's Samarth Nursing college, Dervan celebrated Worlds ORS day on 29<sup>th</sup> July 2022 at 3:00pm to 04:00pm. Theme of the day is **JODI NO. 1- ORS & ZINC**. All teaching, non-teaching and all batch students are attended in this programme. The purpose of celebrating Worlds ORS day is to spread awareness about ORS and How it can be prepared and fed to infants and children to protect them against dehydration.

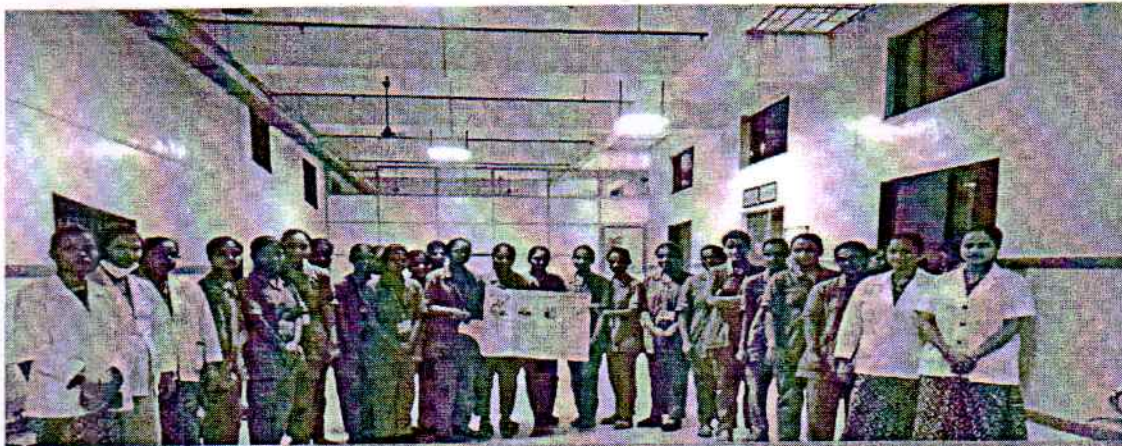
Anchoring was done by GNM 3<sup>RD</sup> nursing Student Ms.Prachee Mirekar. Speech given by our respected teachers Mrs.Sujata Pawar, Ms. Varsha Khambe, Ms. Bhagyashri Lingayat and Poster presentation done by GNM III<sup>rd</sup>, GNM II<sup>nd</sup>, ANM II<sup>nd</sup> ANM Ist year students also Presented posters.

At the beginning of programme our respected Sir Mr. Babasaheb Bhutkar ( Principal)& Mrs. Tejal Surve (Vice Principal) given a short speech on the theme of World ORS day. And also all our faculties are enthusiastically participated in ORS day and also every one delivered valuable speech on Awareness of ORS and how it can be prepared. and fed to infants and children to protect them against dehydration.

The objective of this programme is to improve the knowledge about ORS, and benefits of this procedure.

At the end vote of thanks deliberate by Ms. Shobha Paradhi.





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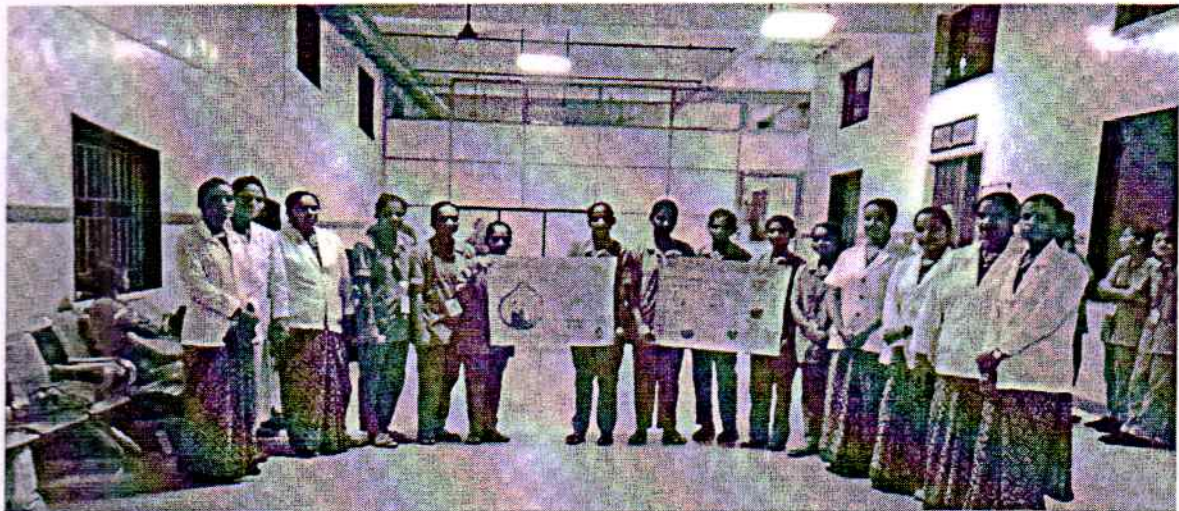
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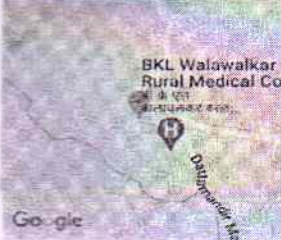
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Dist. Ratnagiri 415606

PRINCIPAL  
Principal  
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### TEACHERS ATTENDANCE SHEET

SR.NO.	NAME OF THE TEACHERS
1.	Mr.BabashaehbBhutkar (Principal)
2.	Mrs.TejalSurve (Vice-Principal)
3.	Mrs. ShraddhaSagvekar
4.	Ms.Jessey Jacob
5.	Mr.NileshMhaske
6.	Mrs. SujataPawar
7.	Mr.Robin John
8.	Mr.Sobin John
9.	Mr.RaosahebJagtap
10.	Mr.JeevanDeshmukh
11.	Mrs. SnehaVinchu
12.	Mr.Masthan Kishore
13.	Ms.VarshaKhambe
14.	Mr.PradneshJangam
15.	Ms. AparnaChavan
16.	Ms.MilanSawant
17.	Ms.AnkitaSurve
18.	Ms.BhagyashriLingayat
19.	Ms.PradnyaDhuri
20.	Ms. GouriDongare
21.	MrsPragatiHowale
22.	Ms. RohiniMohite
23.	Mrs. RuchiraNandoskar
24.	Mrs. MansiKulkarni
25.	Ms.RashmiGurav
26.	Ms. ShwetaBhagwat
27.	Ms.AshwiniKhatu
28.	Ms.UjwalaSurve
29.	Ms. PrernaDevrukhkar
30.	Ms. DhanashreeSutar
31.	Ms. RupaliPatade
32.	Ms. SonaliYerunkar
33.	Ms. PratikaAdav
34.	Ms. PragatiYadav
35.	Ms. PratikshaGulekar
36.	Ms. Prajakta More





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## STUDENTS ATTENDANCE SHEET SECOND YEAR MSC NURSING

SR.NO.	NAME OF THE STUDENTS
1.	Ms.Kamble Kshitija Dilip
2.	Mr.Tanvi Sandip Sarfare
3.	Ms.Bhagyashree Ashok Nagvekar
4.	Ms.Runali Ramesh Pawar
5.	Ms.Foziya Gafur Patel
6.	Ms.Kalyani Ankush Ambre
7.	Ms.Yogita AnandaVyavhare
8.	Ms.Priyanka Ravindra Deorukhkar
9.	Ms.Amita Anil Chavhan
10.	Ms.Saloni Dilip Dange
11.	Ms.Anuradha Ankush Dhutadmal
12.	Mr.Akshaykumar Ramkishan Mundhe
13.	Mr.Ravi Angad Yadav
14.	Mr.Akshay Prakash Waghmare
15.	Mr.Rohit Shivaji Salunkhe

## First Year Msc Nursing

1	Ms. Namita Dhavan
2	Ms. Shamika Joyashi
3	Ms. Ankita Gorivale
4	Ms. Soniya Wayagankar
5	Ms. Vijaya Sutar
6	Ms. Archana Gawade
7	Mr. Suraj Dhudhade
8	Mr. Prasad Shinde
9	Ms. Pranali Shinde
10	Mr. Sahil

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## ThirdBsc Nursing

SR.NO	STUDENT LIST
1	Ms. BavdanepranitaAnant
2	Ms. Bhagatbhavikasandip
3	Ms. Bhuvadkajalanant
4	Ms. Chavan Nikita Santosh
5	Ms. Devlekarsejаланant
6	Ms. Devrukhhartejaswimanohar
7	Ms. Dhopatesejalshamsundar
8	Ms. Divekartanayasantosh
9	Mr. Galphadevivekbalasaheb
10	Ms. Gavit Puja Elshya
11	Ms. Gondhalisaritarajkumar
12	Ms. Gopalshreyasantosh
13	Ms. Goythalerasika Rajesh
14	Ms. Guravharshada Sunil
15	Ms. Guravmanali Sunil
16	Ms. Havannadipalihanumantrao
17	Ms. Jadhavvaibhavisantosh
18	Ms. Joilshruti Mahesh
19	Ms. Kadamsakshisantosh
20	Ms. Kadamshwetavitthal
21	Ms. Kadamyukta Suresh
22	Mr. Kalamkaryashshrikant
23	Ms. Kalekarsakshiramakant

24	Mr. Kamattejasjaywant
25	Ms. Karanjekarshraddhagajanan
26	Ms. Katkar Nikita Suresh
27	Ms. Ketkarsalonisandeep
28	Ms. Kudtarkarsejalsantosh
29	Ms. Lalzarepratikhsharameshwar
30	Ms. Madage divvy arajaram
31	Mr. Mandal Vishal Dival
32	Ms. More Sushmitasantosh
33	Ms. Mulye Akanksha ravindra
34	Ms. PhulsundarswarupaRajendra
35	Ms. Rakhundesonalisahebrao
36	Mr. Sarfare Karan Ravindra
37	Ms. Shirkeshraddharamchandra
38	Ms. Shirsatesharavikant
39	Ms. SurveAishwaryasantosh
40	Ms. Sutarpratiksha Bharat
41	Ms. Ukardeshreya Sanjay
42	Ms. Velhalvaishnavijayendra
43	Ms. Wadkaryuktadattatray
44	Ms. Zagadejanhavisantosh