



Shri Vithalrao Joshi Charities Trust's
SAMARTH NURSING COLLEGE
ISO 9001 : 2015 Certified
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(Recognised by Indian Nursing Council, Maharashtra Nursing Council & Maharashtra University of Health Sciences, Nashik and MSBNPE Board, Mumbai)

3.4.3. Number of awards and recognitions received for extension and outreach activities from Government/ other recognized bodies during the last five years.

Extension and outreach activities impact the health of community and help needy poor village people. Institute is conducting regular as well as special activities at village level, thus helping these illiterate needy people for their development of nature, attitude, personality, communication skills, better commitment, self esteem, social responsibility, economy, social value, social expectations and better prepare for their career and be a good citizen of India. Institute has organized health camp and there is also a provision of providing free care to the poor households.

Empowering Young Women - The Walawalkar Sukanya Project

Walawalkar Sukanya Project: Many times a malnourished new-born doesn't yield positive results even with timely treatment. The reason for it has been traced to the poor health of the mother and her childhood. When this came to light, the hospital focused its resources on improving the health of women right from their teens. For the development of a healthy & strong society, it is necessary to provide positive, favorable conditions so that the girls can eventually grow into psychologically & physically capable women. With this objective, the hospital initiated a scheme for empowering young women. The 'Walawalkar Sukanya Project' (Sukanya means 'Maiden' was introduced in 2011 where rural girls between 10 to 19 years of age are invited to attend 1 day or 7-days camps on health awareness. Beginning the day with yoga & exercise, they have a day packed with all-encompassing programs from health checkups to hygiene to nutrition.

They are tested for haemoglobin, calcium, fat, muscle, weight, height using scientific tools. Up to date, almost 50,000 teenage girls from the region have been tested. They are also introduced to self-hygiene, dental hygiene, menstruation, mental health, and nutrition.

Covid-19 Period-

Our institute also contributes in covid-19 period, in this period P.B.B.Sc. and M.sc. students did the emergency duties in hospital and provide the critical nursing care to the patients. They will become needful to all patients who will need the most; all students take initiatives and participated in this period.

Special Schemes for pregnancy and delivery -Walawalkar Yashoda Yojana

Samarth Nursing College envisioned a society where women played a key role in directing the society on the right path and raising an accomplished, cultured future generation. With this philosophy as a guiding force, the organization has always kept 'women' at the core of all its initiatives. Under Yashoda Yojana there are following activities will be involved:

- ANC Health Check Up
- Awareness About High Risk Care
- Distribution Of Nutritional Ladoo
- Baby Shower Ceremony
- Awareness Session By Dietitian
- Awareness Session About Hygiene And Self-Care During Pregnancy



PRINCIPAL
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